

HEALTHY OPTIONS MENU

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STARTERS

Four bean salad £ 5.95

Borlotti, cannellini, butter and French beans with a light olive oil and basil dressing

Grilled Mushrooms £ 6.95

Grilled field mushrooms topped with smoked chicken and Parma ham

Asparagus rolls £ 6.95

Asparagus wrapped in Parma ham, grilled and served with cherry tomato sauce

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MAIN COURSES

Grilled lobster £6.95

Half lobster served with chargrilled asparagus and crème fraiche

Lemon chicken £ 8.95

Grilled lemon and chilli chicken with rocket and watercress salad

Marinated salmon £ 9.95

Grilled salmon steak, marinated with lime and lemon zest served on a bed of garlic spinach

King prawn kebabs £ 10.95

King prawn kebabs lightly brushed with olive oil and chilli dressing, served with lemon rice